

ST JOHN LUTHERAN SCHOOL ALMA KS
APRIL MENU
2018-2019

USDA is an equal opportunity provider and employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
Breakfast Sandwich 1 Hash brown patty Carrots and broccoli applesauce	Chicken Quesadilla 2 Refried Beans Carrots & Broccoli Pineapple	Corn Dog 3 Carrots & Broccoli French fries Pears Snickerdoodle	Chicken Nuggets 4 Whole Wheat Roll & Jelly Mashed Potatoes & Gravy Salad Mandarin Oranges	Spaghetti / 5 Meat Sauce Garlic Bread Salad Green Bean Peaches		
Chili 8 Red Bell Pepper Strips Peaches Cinnamon Roll	Grilled Chicken Sandwich 9 Broccoli & Cheese Carrots Pears	Baked Ham 10 Angel Biscuit & Jelly Green Beans Salad Mandarin Oranges	Salisbury Steak 11 Mashed Potatoes Gravy Carrots & peas Pineapple Roll	Pizza 12 Corn Carrots Applesauce Salad		
Chicken Wrap 15 Hash Brown Patty Romaine Lettuce Tomato Slice Pineapple	Grilled Cheese Sandwich 16 Carrots & Pickle spears Steamed Broccoli Peaches	Lasagna 17 Salad Carrots Mandarin Oranges Bread stick	Macaroni & Cheese 18 Meatballs Peas Carrots Applesauce	19 GOOD FRIDAY		
22 EASTER MONDAY	Pig in a Blanket 23 Carrots Broccoli w/Cheese Mandarin Oranges	Stromboli Squares 24 Salad Corn Peaches	Hamburger on a Bun 25 Lettuce Tomato Slice Salad Oven Fries Strawberries	Fish Sticks 26 Green Beans Carrots & broccoli Applesauce Roll		
Chicken Breast 29 Whole Wheat Roll & Jelly Green beans Salad Pears	Super Nachos 30 Refried Beans Pineapple Carrots					

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. Fresh fruit is offered at each meal. The menu is subject to change to make the best use of food.