

# ST JOHN LUTHERAN SCHOOL MENU

## August 2022

USDA is an equal opportunity employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11	12
15	16 Spaghetti w Meat sauce Green Beans Garden Salad Canned Fruit	17 Pigs in a blanket Potato Wedges Broccoli w Cheese Fresh Fruit	18 Baked Chicken Leg Banana Bread Baked Beans Fresh Fruit	19 Pancake Sausage Patty Fresh Carrots Canned Fruit Fresh Broccoli
22 Chicken Quesadilla Tortilla Chips Refried Beans Fresh Cantaloupe	23 Beef & Noodles Green Beans Roll Broccoli Mango	24 Hamburger Potato Wedges Fruit	25 Sweet n Sour Chicken Nuggets Lo Mein Noodles Fresh Broccoli Fruit	26 Baked Ham biscuit Fresh Carrots Fruit
29 Super Nachos Refried Beans Fruit	30 Cheese Pizza Salad Tomato Fruit	31 Hot Ham n Cheese Potato Wedges Fresh Broccoli Canned Fruit		

**PLEASE NOTE:** Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. The menu is subject to change to make the best use of food.