

**ST JOHN LUTHERAN SCHOOL ALMA KS**  
**DECEMBER MENU**  
**2018-2019**

*USDA is an equal opportunity provider and employer*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
Chili 3 Red Bell Pepper Strips Peaches Cinnamon Roll	Grilled Chicken Sandwich 4 Broccoli & Cheese Carrots Pears	Baked Ham 5 Angel Biscuit & Jelly Green Beans Salad Mandarin Oranges	Salisbury Steak 6 Mashed Potatoes Gravy Carrots & peas Pineapple Roll	7 Pizza Corn Carrots Applesauce Salad		
Chicken Wrap 10 Hash Brown Patty Romaine Lettuce Tomato Slice Pineapple	Grilled Cheese Sandwich 11 Carrots & Pickle spears Steamed Broccoli Peaches	Lasagna12 Salad Carrots Mandarin Oranges Bread stick	Macaroni & Cheese 13 Meatballs Peas Carrots Applesauce	14 Waffle Sausage Baked beans Carrots pears		
Chicken Nuggets 17 Baked Beans Salad Pears	Pig in a Blanket18 Carrots Broccoli w/Cheese Mandarin Oranges					

**PLEASE NOTE:** Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. Fresh fruit is offered at each meal. The menu is subject to change to make the best use of food.