

ST JOHN LUTHERAN SCHOOL ALMA KS
FEBRUARY
2018-2019

USDA is an equal opportunity provider and employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
				Spaghetti / 1 Meat Sauce Garlic Bread Salad Green Bean Peaches		
Chili 4 Red Bell Pepper Strips Peaches Cinnamon Roll	Grilled Chicken Sandwich 5 Broccoli & Cheese Carrots Pears	Baked Ham 6 Angel Biscuit & Jelly Green Beans Salad Mandarin Oranges	Salisbury Steak 7 Mashed Potatoes Gravy Carrots & peas Pineapple Roll	Pizza 8 Corn Carrots Applesauce Salad		
Chicken Wrap 11 Hash Brown Patty Romaine Lettuce Tomato Slice Pineapple	Grilled Cheese Sandwich 12 Carrots & Pickle spears Steamed Broccoli Peaches	Lasagna 13 Salad Carrots Mandarin Oranges Bread stick	FIELD TRIPS	NO SCHOOL		
NO SCHOOL	Pig in a Blanket 19 Carrots Broccoli w/Cheese Mandarin Oranges	Stromboli Squares 20 Salad Corn Peaches	Hamburger on a Bun 21 Lettuce Tomato Slice Salad Oven Fries Strawberries	Fish Sticks 22 Green Beans Carrots & broccoli Applesauce Roll		
Chicken Breast 25 Whole Wheat Roll & Jelly Green beans Salad Pears	Super Nachos 26 Refried Beans Pineapple Carrots	Cowboy Cavatini 27 Peas Carrots Mandarin Oranges Bread Sticks	Chicken & Noodles 28 Mashed potatoes Green beans Roll Peaches			

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. Fresh fruit is offered at each meal. The menu is subject to change to make the best use of food.