

# ST JOHN LUTHERAN SCHOOL MENU

## September

USDA is an equal opportunity employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School	2 Macaroni & Cheese Meatballs Corn Fresh Baby Carrots Fruit	3 Hot Ham n Cheese Potato Wedges Fresh Broccoli Fruit	4 Lasagna Breadstick Salad Tomatoes Fruit	5 Biscuits & Gravy Tater Tots Baby Carrots Fruit
8 Chicken Quesadilla Tortilla Chips Refried Beans Fruit Fresh Carrots	9 Pizza Salad Tomato Fruit	10 Hamburger Potato Wedges Fresh Vegetables Fruit	11 Breakfast Burrito Fresh Broccoli/Carrots Fruit	12 Beef & Noodles Green Beans Roll Broccoli Fruit
15 Taco Salad Corn Fruit	16 Spaghetti w Meat sauce Green Beans Garden Salad Fruit	17 Pigs in a Blanket Potato Wedges Broccoli w Cheese Fruit	18 Baked Chicken Leg Banana Bread Baked Beans Fresh Vegetable Fruit	19 No School
22 Chicken Patty Sandwich Mashed Potatoes & Gravy Broccoli With Cheese Pears	23 Tater tot Casserole Green Beans Roll Fruit	24 Chicken Alfredo Tossed Salad Fruit	25 Corn Dog Baked Beans Broccoli Fruit	26 Baked Ham Biscuit Fresh Carrots Fruit
29 Super Nachos Carrots/Celery Refried Beans Fruit	30 Hamburger with Bun Potato Wedges Romaine Lettuce/Tomato Fresh Broccoli Ranch Dip Fruit			

**PLEASE NOTE:** Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. The menu is subject to change to make the best use of food.