## ST JOHN LUTHERAN SCHOOL MENU

## **March 2023**

USDA is an equal opportunity employer

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Hamburger Potato Wedges Fruit	Potato Soup Fresh Broccoli Fruit Crackers	Beef & Noodles Green Beans Roll Broccoli Fruit
Taco Salad Corn Fruit	7 Spaghetti w Meat sauce Green Beans Garden Salad Fruit	8 Pigs in a blanket Potato Wedges Broccoli w Cheese Fruit	9 Baked Chicken Leg Banana Bread Baked Beans Fruit Fresh Carrots	Pancake Pancake Sausage Patty Fresh Carrots Fruit Fresh Broccoli
13	14	15	16	17
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Taco Lettuce Tomato Refried Beans Fruit	Tater tot Casserole Green Beans Roll Fruit	Chicken Alfredo Tossed Salad Fruit	Corn dog Baked Beans Broccoli Fruit	24 Baked Ham biscuit Fresh Carrots Fruit
Super Nachos Refried Beans Fruit	Macaroni & Cheese Meatballs  Fresh Baby Carrots fruit	29 Hot Ham n Cheese Potato Wedges Fresh Broccoli Fruit	30 Sweet n Sour Chicken Nuggets Lo Mein Noodles Fresh Broccoli Fruit	31 Biscuits & Gravy Tater Tots Fruit

**PLEASE NOTE:** Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. The menu is subject to change to make the best use of food.