

ST JOHN LUTHERAN SCHOOL MENU

September

USDA is an equal opportunity employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School	Macaroni & Cheese Meatballs Corn Fresh Baby Carrots Fruit	Hot Ham n Cheese Potato Wedges Fresh Broccoli Fruit	Sweet n Sour Chicken Nuggets Lo Mein Noodles Fresh Broccoli Fruit	Biscuits & Gravy Tater Tots Baby Carrots Fruit
Chicken Quesadilla Tortilla Chips Refried Beans Fruit Fresh Carrots	Pizza Salad Tomato Fruit	Hamburger Potato Wedges Fruit	Breakfast Burrito Fresh Broccoli Fruit	Beef & Noodles Green Beans Roll Broccoli Fruit
Taco Salad Corn Fruit	Spaghetti w Meat sauce Green Beans Garden Salad Fruit	Pigs in a Blanket Potato Wedges Broccoli w Cheese Fruit	Baked Chicken Leg Banana Bread Baked Beans Fresh Vegetable Fruit	No School
No School	Tater tot Casserole Green Beans Roll Fruit	Chicken Alfredo Tossed Salad Fruit	Corn Dog Baked Beans Broccoli Fruit	Baked Ham Biscuit Fresh Carrots Fruit
Super Nachos Refried Beans Fruit				

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored). Reduced fat dressing is served with salads and fresh vegetables. The menu is subject to change to make the best use of food.